

Friday, 26th September 2025, at 13:00 (event starts at 14:00) at the United Nations,
Wagramer Str. 5, 1220 Vienna, Room no. CR2 in C-Building on the 2nd floor

Highlighting the Role of the Brain for Healthy Ageing

Halfway through the “Decade of Healthy Ageing”, global experts on ageing will address the central role of the brain in maintaining one’s health and quality of life. The opportunities and challenges for older people for a healthy life across the life span will be explored from various perspectives.

Speakers

25 min.
(5 min. Q&A)



Welcome and introduction by Dirk Jarré

Chair of the NGO Committee on Ageing, UN Vienna



Moderator

Jacqueline Stark (2nd Vice Chair of the NGO CoA, Vienna, IFA Representative)



Alana Officer (Senior Health Adviser, Department of Ageing and Life Course at World Health Organisation (WHO))

Presentation: UN Decade of Healthy Ageing: A Midpoint Reflection and Forward Strategy (Keynote)



Sandra Bond Chapman, PhD (Chief Director of the Center for Brain Health at the University of Texas at Dallas and Dee Wyly, Distinguished University Professor in the School of Behavioral and Brain Sciences)

Presentation: Measuring and Increasing the Brain Health Span across Adulthood - A Global Health Imperative (Keynote – online)



Maciej D. Zatonski, MD, FFPM, PhD and Sara L. Farwell, PhD (Solutions Makers, UK)

Presentation: Begin with the Brain: Real-World Solutions for Health and Longevity



Ian Robertson, PhD (T Boone Pickens Distinguished Chair at the University of Texas at Dallas and Professor Emeritus at Trinity College Dublin, Ireland)

Presentation: Confident Aging: Findings from the BrainHealth Project (Online)



Sophia Casale, PhD student (University of Massachusetts, Boston, Research Assistant Gerontology Institute)

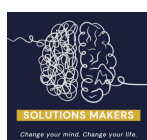
Presentation: From Lifespan to Healthspan: Rethinking Aging Through a Life Course Lens (Online)

25 min.
(5 min. Q&A)

20 min.
(5 min. Q&A)

15 min.

Discussion



Registration under: <https://forms.gle/4ejF93v9vG3P7KzF6>

Online participation via this link: <https://us06web.zoom.us/j/81069196160?pwd=3QM6t2vIYcnz55A58jiisbh4fX7rzq.1>

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The NGO Committee on Ageing in the United Nations in Vienna

was constituted in 1981 as a Substantive Committee at the Conference of NGOs in Consultative Relationship with the United Nations (CoNGO). The members of the Committee are international Non-Governmental Organizations (iNGOs) interested in multifaceted issues related to ageing and older persons. The Committee collaborates with similar NGO Committees on Ageing in the United Nations in New York and Geneva. Topics discussed by the Committee in monthly meetings at the UN in the "Decade of Healthy Ageing (2020-2030)" include Human Rights issues, intergenerational perspectives, the impact of digitalization, lifelong learning, as well as cultural aspects of ageing. Our website: www.ngoageingvie.org

If you want to participate IN PERSON and DO NOT have a permanent access (groundpass) then we need the following information for the registration:

First name: + Family name: + Date of birth
Kind of identification: (for example: passport, personal ID or driving licence)
Number of ID: + Issuing Country of ID

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 Federal Ministry
Republic of Austria
Social Affairs, Health, Care
and Consumer Protection

Conference of NGOs
in Consultative
Relationship with
the United Nations



Conférence des ONG
ayant des Relations
Consultatives
avec les Nations Unies



Montag, 29th September 2025 im Haus der Europäischen Union,
Wipplingerstraße 35, 1010 Wien. Registrierung 13:00 - Beginn 14:00

Gutes Altern mit mentaler Gesundheit - Mens sana in corpore sano

Gesund bleiben bis ins hohe Alter wünscht sich jeder! Viele Faktoren spielen eine Rolle bei der Erfüllung dieses Wunsches. Das soziale Umfeld ist ganz wesentlich. Wir haben das Glück in einer Stadt zu leben, die für die Bevölkerung sehr viel zur Verfügung stellt, um eine hohe Lebensqualität zu gewährleisten. Zu Ehren des UN Internationalen Tages der Älteren Menschen (UN IDOP - 1. Oktober!) präsentieren Experten ihre Gedanken zu dem Thema



Eröffnung durch Lukas Mandl (Videobotschaft)

Mitglied des Europäischen Parlaments



Begrüßung durch Dirk Jarré

Chair, NGO Committee
on Ageing UN, Wien



Moderation

Jacqueline Stark und Gerda Beck
(NGO Committee on Ageing UN,
Wien)



Keynote: Prof. Dr. Robert Darkow

(FH-Prof. Dipl.-Log. Dr.rer.med., Institutsleitung
Logopädie, Fachhochschule Joanneum, Graz)

Titel: Mens sana per communicationem sanam: Die
stille Krise der kommunikativen Gesundheit im Alter

Statements



Sabine Hofer-Gruber (Seniorenbeauftragte der Stadt Wien)

Titel: "Der Wiener Weg zu einer altersfreundlichen Stadt"



Birgit Meinhard Schiebel (Präsidentin Pflegender Angehörige)

Titel: Life is not easy - is it? Age is an adventure



Mag.a Regina Rejecky (Psychologin, Wiener Häuser zum Leben)

Titel: Mein Zuhause. Meine Sexualität. Zum Umgang mit den Themen
Sinnlichkeit, Intimität und Sexualität in den Häusern zum Leben



Dr. med. Georg Psota (Chef der Psychosozialen Dienste Wien i.R.)

Titel: "Einsamkeit und Fitness - Sozialer Austausch und seine Auswirkungen
auf die mentale & körperliche Gesundheit"

Kaffeepause

Diskussionsrunde mit allen Vortragenden

Schlussworte Dirk Jarré (NGO Committee on Ageing UN,
Wien)

Registration under: <https://forms.gle/mQKeqG6GxfSs6jtw6>

Online participation via this link:

[https://us06web.zoom.us/j/89080087681?](https://us06web.zoom.us/j/89080087681?pwd=bAHTOKAwbDKZRK2iEKGa)

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World Health
Organization



CENTER for
BRAINHEALTH.
THE UNIVERSITY OF TEXAS AT DALLAS



INTERNATIONAL COUNCIL OF WOMEN
CONSEIL INTERNATIONAL DES FEMMES



ZONTA
INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY



European Federation
of Older Students
in Universities

