

Anti-doping sensibilization

Details :	
Objective(s) :	Raise awareness of anti-doping fight among pupils and students Raise awareness on physical and social dangers of doping
Implementation mechanisms :	Sports and interdisciplinary courses (physical education – EPI [interdisciplinary practical teachings]) Workshops during sports events dedicated to pupils and students (Athletics School Games, Princess Charlene Rally, Respect Day) animated by the Monegasque Anti-Doping Committee (CMA). New format for the workshops.
Situation	After the interruption due to the sanitary measures taken to fight the COVID-19 pandemic, activities resumed in 2022 and 2023 in schools and sport clubs.
Target Audience :	Pupils and students in primary and secondary schools, athletes of sport associations
Partners / Funding	Monegasque Anti-Doping Committee (CMA), Medical Sports Center
SDG Alignment :	3, 4, 5
Alignment with global frameworks	Aligned on the Action 3 of the Kazan Action Plan and Anti-doping Convention (CETS n°135)
Alignment with United Nations Action on SDP	Thematic area 1 action “create a efficient support for prevention programs on negative influences in sport”.
Outcomes :	Warn young people about doping dangers Developing relevant behaviors towards doping
Mechanisms for monitoring and evaluating implementation :	Questionnaires evaluating understanding among target audience, reports from the CMA Antidoping tests performed on athletes
Challenges / Lessons learned :	Hard to evaluate impacts on pupils and students

Pass'Sport Culture

Details :	
Objective(s) :	Help young people discover various cultural and sports activities in Monaco and its surroundings
Implementation mechanisms :	Partnership with cultural, youth and sports associations All-year activities proposed during holidays Advertisement in schools for students and their families
Situation	Activities resumed in normal conditions after the end of COVID-19 sanitary restrictions. New activities are proposed every year. Pass'Sport Culture is quite popular among young people, especially from 12 to 16 year old.
Target Audience :	Young people aged from 11 to 25 years-old schooled in Monaco
Alignment with Global Frameworks	WHO Global Action Plan on Physical Activity Action 3.3
Alignment with United Nations Action Plan on SDP	1
Partners / Funding	Cultural, youth and sports association in Monaco A budget line of 105000€ is planned by the government for 2022. In 2021, the budget line was 95000€.
SDG Alignment :	3, 4, 11
Outcomes :	Discovering new activities available in Monaco Bonding between people of the same class age regardless of social backgrounds Offering interesting activities to young people at a very low price
Mechanisms for monitoring and evaluating implementation :	Satisfaction enquiry mailed to each participant every year followed by an annual report.
Challenges / Lessons learned :	Difficult to manage participation for attractive activities Difficult to renew activities/ find new activities. Find unused facilities during holidays and draft room occupancy plannings. Partners get reluctant in the long run for lack of financial interest or human resources shortage

Sports facilities

Details :	
Objective(s) :	Provide modern and high quality sports facilities
Implementation mechanisms :	Refurbishment and maintenance of facilities Maintaining high standards in equipment choices in order to pass quality insurance and qualification visits
Situation	Usual maintenance was conducted on all sports facilities. New facilities were created (club house and fitness center), or are under construction swimming pool and sports hall in the new middle high school. The Stadium Louis II is being transformed and restructured, the project is expected to end in 2030. New beach-volley facilities were implemented on the precincts of the recreation center. The basketball facilities were adapted to European championship standards (seats, security, floor).
Target Audience :	Students using facilities as part of their curriculum Members of sport clubs Professional sport players
Partners / Funding	Sports federation and associations, State, Local authorities
SDG Alignment :	3,4,5
Alignment with global frameworks	WHO Action Plan on Physical Activity Action 2.5., 3.1.
Alignment with UN Action Plan on SDP	1, 2 Insure and reinforce physical activities in schools and educational institutions. Value investment in sports infrastructures.
Outcomes :	Keeping up sports facilities with applicable standards Upgrading sports facilities when needed
Mechanisms for monitoring and evaluating implementation :	Evaluation reports from Sports Leagues after qualification visits National Security Commissions reports
Challenges / Lessons learned :	Difficult to meet standards and regulations because some facilities are shared by different sports. Hard to adequate facilities to demand and offer.

Physical Education courses

Details :	
Objective(s) :	Develop sports for all Triger interest in a wide variety of sports Educate pupils to live a healthy lifestyle Promote sports values
Implementation mechanisms :	French education system programs
Situation	Activities resumed in 2022 following the end of sanitary restriction due to COVID-19. Every specificity of programs are validated by the French Education Inspectorate (sailing, sea rescue) Laser run has been introduced in PE courses since 2022 A new specialty for the baccalaureate was introduced in 2023 involving physical education – Physical education, sports practice and culture (EPPCS) Pupils in age 5 of Kindergarten are initiated to circus arts once every two weeks when they don't have swimming courses since 2022.
Target Audience :	Pupils and students from the last of year of Kindergarten to the end of Secondary school
Partners / Funding	DNEYS, Sports associations, Local Authorities, Nice Academy Rectorate
SDG Alignment :	3, 4, 5
Alignment with global frameworks :	Action 3.1 of WHO Global Action plan on physical activity
Alignment with United Nations Action Plan on SDP :	1, 2 actions integrate sport as a national priority
Outcomes :	Enhancement of practice in numerous sports Triger interest in sports Bridging school physical activity and sports practice in associations Integrate physical activity into the lifestyle of all youth
Mechanisms for monitoring and evaluating implementation :	Through physical education courses Evaluation takes into account physical performances, respect of the rules, behavior and progress . Participation to special activities: roller skating (replacing ice skating) , rowing, sailing. Swimming is mandatory starting 5 years old to the end of Secondary school, swimming courses are a separate course and complement PE courses.
Challenges / Lessons learned :	Some activities / sports require a complex management system.

Promotion of Olympic values (Olympic day and AMAO)

Details :	
Objective(s) :	Disseminate olympic values among youth and adults Promote excellency, respect and friendship contributing to a better and more peaceful world
Implementation mechanisms :	Celebrating Olympic Day by meeting with olympic athletes and sharing Olympic values through games, activities and workshops. The day's motto is "-Move, Learn, Discover". An Olympic kit is designed for pupils in primary school by the IOC
Situation	Conferences and workshops are organized in primary schools by athletes members of the AMAO (Association Monégasque des Athlètes Olympiques) and by the Olympic Committee of Monaco (COM)
Target Audience :	Elementary schools
Partners / Funding	Olympic movement and Monaco Olympic Committee
SDG Alignment :	3, 4, 5, 10, 16
Alignment with global frameworks :	WHO Action plan on Physical education Action 3.3, 3.4, 3.5
Alignment with United Nations Action Plan on SDP :	1
Outcomes :	Teach pupils to bring excellency into their actions, through sharing with others and their community. Enhance community spirit and belonging to the Olympic Committee
Mechanisms for monitoring and evaluating implementation :	No monitoring or evaluation The Olympic values are instilled in PE classes.
Challenges / Lessons learned :	Disseminate fair play in sport activities.

Sports classes – adjusted schedules for Elite sport practice and for intensive sport practice

Details :	
Objective(s) :	Help talented pupils and students to reach their goals in their sport practice by adjusting schedules and work load (physical education).
Implementation mechanisms :	Adjust class schedules on individual basis to help training Discharge students from attending optional courses and physical education courses Adapt evaluation timing to sports competitions
Situation :	Enrolment to these classes has been digitalized to be more eco-responsible. A PE teacher watches the training of the student in his club, once every semester. There has been improvements with sport associations who respect cheat less on the level required for athletes to get into these special education systems.
Target Audience :	Secondary students
Partners / Funding	Sports associations and federation, DNEYS, Monaco Olympic Committee, Nice Academy Rectorate
SDG Alignment :	3, 4, 5
Alignment with global frameworks	WHO Action Plan on Physical Activity 3.1
Alignment with United Nations Action Plan on SDP	1 Help young athletes to fulfill their potential
Outcomes :	Talented students in sports get better results in competition while achieving better academic results Helping sports associations to nurture good athletes Better inclusion of athletes into the education system and community
Mechanisms for monitoring and evaluating implementation :	Sports results Academic results
Challenges / Lessons learned :	Sketching individual schedules is very challenging for school administration and teaching staff Associations don't always play along trying to get undeserving athletes into these special training systems.

Respect Day – Rugby Event

Details :	
Objective(s) :	Raise awareness of sports values among students – especially through rugby (self-control and respect)
Implementation mechanisms :	Organizing a rugby tournament with workshops on anti-doping and sports nutrition.
Situation :	The event was organized in 2023 following the end of sanitary restrictions due to COVID-19. It still takes place as a rugby tournament with side events such as workshops.
Target Audience :	8 th grade students in Collège Charles III
Partners / Funding	Rugby Federation of Monaco, Anti-Doping Committee of Monaco, Student's Parents Association of Monaco (APEM)
SDG Alignment :	3, 4, 5
Alignment with global frameworks	WHO Action Plan on Physical Activity Action 1.2
Alignment with United Nations Action Plan on SDP	1, 3. Take part in international initiatives and partnerships to promote sport as a mean to development and peace.
Outcomes :	Learn values such as, respect, fair play through respect for anti-doping rules, solidarity,
Mechanisms for monitoring and evaluating implementation :	No. Pictures are taken and published on social networks. Prizes are awarded two days after the event.
Challenges / Lessons learned :	Sport can help to build relationships with different people from different backgrounds.

Princess Charlene Rally

Details :	
Objective(s) :	Promoting Peace and Sustainable development through sports
Implementation mechanisms :	Annual Timed running race Workshops (sport competition, teamwork rescue, intellectual challenge, drawing) Conference with famous athletes
Situation :	The event is being organized since 2013, partners know each other and the organization runs smoothly. The event was organized in 2023 after three years of absence (2020, 2021, 2022).
Target Audience :	9th grade students
Partners / Funding	Princess Charlene of Monaco Foundation, Peace & Sport, Student's Parents Association of Monaco (APEM), Anti-Doping Committee of Monaco (CMA), Société Nautique, Centre de Sauvetage Aquatique de Monaco, Croix-Rouge monégasque
SDG Alignment :	3, 4, 5, 16
Alignment with global frameworks	WHO Action Plan on Physical Activity Action 1.2
Alignment with United Nations Action Plan on SDP	1, 3. Take part in international initiatives and partnerships to promote sport as a mean to development and peace.
Outcomes :	Enhanced sports values among students (team spirit, respect, solidarity, hard work, cooperation)
Mechanisms for monitoring and evaluating implementation :	Drawing competition on the theme : « Sports and Peace development »
Challenges / Lessons learned :	Better sense of community among students. Students come together from different institutions and learn to know each other. Organizing an event with students in the public space Event took place with the same organization as before the COVID-19 pandemic. An emphasis was put on an environmental-friendly organization in line with the eco-charter in Monaco starting 2023.

White Card Operation

Details :	
Objective(s) :	Promote peace through sports
Implementation mechanisms :	During Princess Charlene Rally use of a white card by every student as a symbol of peace. Is implemented in other settings for International Day of Sport for Development and Peace, and during Sports week.
Target Audience :	Students and pupils
Partners / Funding	Organized by Peace & Sport with the support of the DNEYS
SDG Alignment :	3, 4, 5
Alignment with global frameworks	WHO Action Plan on Physical Activity Action 1.2
Alignment with United Nations Action Plan on SDP	1, 3. Take part in international initiatives and partnerships to promote sport as a mean to development and peace. Prevention programs against negative influences in sport.
Outcomes :	Developing awareness of peaceful behaviors in sport and how these behaviors cause other values to emerge like friendship, solidarity, respect, etc.
Mechanisms for monitoring and evaluating implementation :	None, pictures are taken and published in reports and social medias
Challenges / Lessons learned :	Cards are usually used as a negative symbol in sport to mean punishment or disqualification. In opposition to that, the white card is used to represent positive values in sport.