



10
PRINCIPLES

for my protection, well-being
and development as a girl, boy
or adolescent with disabilities

*Girls, boys and adolescents
with disabilities
should always be well treated,
like other children and adolescents,
protecting them from all forms
of violence and abuse.
A good treatment will produce
positive effects
on their physical
and mental development.*

Commit to me.

PRINCIPLE

N°1

ILLUSTRATION MICHELLE KORYZMA



I EXIST AS I AM
AND I AM A PERSON JUST LIKE YOU.

I deserve to be respected and have my diversity valued.
I have the same dignity and
human rights as you and everyone else.



PRINCIPLE

N°2

ILLUSTRATION MICHELLE KORYZMA



I LIKE THAT YOU ARE KIND,
YOU LOVE ME AND PLAY WITH ME.

You would like to be loved and treated equally too.
Have my best interests at heart and enjoy life with me.

PRINCIPLE

N°3

ILLUSTRATION MICHELLE KORYZMA



I LIKE THAT YOU
TAKE CARE OF ME, PROTECT ME
AND TEACH ME HOW TO PROTECT MYSELF.

I will also be there for you in my own way.



PRINCIPLE

N°4

ILLUSTRATION MICHELLE KORYZMA



I WANT YOU TO ACCEPT ME AS I AM,
HELP ME DEVELOP MY ABILITIES AND TALENTS
AND GIVE ME A GOOD QUALITY EDUCATION.

I am happy when you see my strengths and help me to engage with others.



PRINCIPLE

N°5

ILLUSTRATION MICHELLE KORYZMA



I LIKE THAT YOU LISTEN TO ME,
EXPLAIN TO ME WHAT IS HAPPENING
AND CONSIDER MY OPINION.

This makes me feel safe and helps me learn and develop.



PRINCIPLE

N°6



I LIKE THAT YOU BELIEVE IN ME
AND HELP ME GROW.

This strengthens my self-esteem, my capacity, and my autonomy.



PRINCIPLE

N°7

ILLUSTRATION MICHELLE KORYZMA



I LIKE THAT YOU UNDERSTAND ME,
SUPPORT ME AND REASSURE ME WHEN
I AM UPSET, ANGRY OR FRUSTRATED.

Often it is in these moments that I need you most.



PRINCIPLE

N°8

ILLUSTRATION MICHELLE KORYZMA



I LIKE IT WHEN YOU INCLUDE ME.

I want to live in a friendly, peaceful and inclusive environment and for you to respect and support how I communicate best.



PRINCIPLE

N°9

ILLUSTRATION MICHELLE KORYZMA



I WANT YOU TO RESPECT ME AND PROTECT ME
FROM ALL FORMS OF VIOLENCE EVERYWHERE
AND UNDER ALL CIRCUMSTANCES.

Just as anyone else, my body, my soul and my mind deserve to be protected.



PRINCIPLE

N°10

ILLUSTRATION MICHELLE KORYZMA



IT MATTERS TO ME THAT YOU BELIEVE ME.

I need to be trusted just like you.

10 PRINCIPLES

for my protection, well-being and development as a girl, boy or adolescent with disabilities



I EXIST AS I AM AND I AM A PERSON JUST LIKE YOU.



I LIKE THAT YOU ARE KIND, YOU LOVE ME AND PLAY WITH ME.



I LIKE THAT YOU TAKE CARE OF ME, PROTECT ME AND TEACH ME HOW TO PROTECT MYSELF.



I WANT YOU TO ACCEPT ME AS I AM, HELP ME DEVELOP MY ABILITIES AND TALENTS AND GIVE ME A GOOD QUALITY EDUCATION.



I LIKE THAT YOU LISTEN TO ME, EXPLAIN TO ME WHAT IS HAPPENING AND CONSIDER MY OPINION.



I LIKE THAT YOU BELIEVE IN ME AND HELP ME GROW.



I LIKE THAT YOU UNDERSTAND ME, SUPPORT ME AND REASSURE ME WHEN I AM UPSET, ANGRY OR FRUSTRATED.



I LIKE IT WHEN YOU INCLUDE ME.



I WANT YOU TO RESPECT ME AND PROTECT ME FROM ALL FORMS OF VIOLENCE EVERYWHERE AND UNDER ALL CIRCUMSTANCES.



IT MATTERS TO ME THAT YOU BELIEVE ME.



ILLUSTRATION BY MICHELLE CORTINA. DESIGN BY TORINA SANDROCK.