Main objective:

To create an space for bringing together key actors dealing with ageing policies, in order to exchange experiences on how to address the issue of ageing population and health within the Global Health Agenda.

Other objectives:

- Call for action for a Positive Ageing
- Integrate actors outside the health sector to participate in policies for a positive ageing (integrating ageing in all policies)
- Encouraging global Health actors to present their initiatives and innovative programs related to Positive Ageing (the Government of Chile with PAHO will host a meeting in Santiago next November)

Background

Nearly 962 million people around the world are 60 years old or older, which represent 13% of the world population. This phenomenon has a growth rate of 3% annually and according to estimates, by 2030 the number of elderly people will reach to nearly 1400 million people.
In Latin America and the Caribbean, the situation differs in comparison with other regions. While in Europe the number of elderly reaches 24% of the population, according to the UN, in Latin America and the Caribbean this percentage reaches only 11% of the population. The numbers are substantially low if also compared to other regions: in North America, the elderly represent 21% of the population while in East Asia and Oceania this number reaches 16%. However, the situation in Latin America is expected to change drastically in the upcoming years: it is projected that by 2050 the number of people over 60 years would be 24% which is similar to current number seen in Europe\(^1\).

The effects of global ageing extend far beyond mere demographic data and some of the most important repercussions are related to health care, especially in the public sector. Data demonstrates a progressive increase of people with chronic diseases and other conditions that in most cases, necessitates special care, which in the long term, has an impact on fiscal budgets. In this context, it is necessary to initiate a joint work that integrates all health actors, both locally and globally, aimed at the development of coordinated actions to strengthen health systems. However, efforts should also be focused on prevention, encouraging lifestyles that may prevent diseases.

Actions focused on addressing the ageing phenomenon must encompass also a change in the language that is normally used on the topic. In this sense, instead of perpetuating the idea of ageing as a synonym for deterioration, it should be promoted an approach that uses concepts like "life course" or "life trajectory". The concept of *life course* ensures a new perspective and therefore, new opportunities for the elderly for a future with optimal well-being. Thus, the idea of a *Positive Ageing*, intends to promote a new mindset of a person throughout his life, from gestation to adulthood that in the long term, will assure a healthy, participatory and safe ageing that respects and promotes human rights of the elderly.

The phenomenon of population ageing also plays an important role in the context of the achievement of the SGD’s. Among them, the most important ones are SDG 3, related to ensuring healthy lives and promoting well-being for all at all ages; SDG 10 on reducing income inequality within and among countries, promoting social, economic and political integration of people, regardless of their age, and; SDG 11 about making cities and human settlements inclusive, safe, resilient, and sustainable. Thus, the associated challenges in the phenomenon of the ageing population require an integrated approach that involves a set of health actors, from local to international level. Otherwise, if efforts are not put into practice in a systematic and coordinated way, the full achievement of the Sustainable Development Goals will be at stake.

\(^1\) Regional data hides strong heterogeneities. On the one hand, countries such as Belize, Bolivia, Guatemala, Guyana and Haiti will be as China is today, with around 15% of the population over 60 years old. On the other hand, the Bahamas, Barbados, Brazil, Chile, Colombia, Costa Rica, Jamaica, Trinidad and Tobago and Uruguay may be compared with Germany, Finland and even Japan, with a proportion of older adults close to 30%.
PROGRAM

Greetings Dr. John Beard, Ageing and Life Course Director, World Health Organization (WHO)

Opening Remarks

- Mrs. Cecilia Morel, First Lady of Chile
- Mr. Liu Zhenmin, Under-Secretary-General for Economic and Social Affairs (UN DESA)

Interactive Panel

- Ms Ginette Petitpas Taylor, Minister of Health of Canada
- Ambassador Martín García Moritán, Permanent Representative of the Argentine Republic the United Nations, Chair of the Open-ended Working Group on Ageing (OEWGA)
- Ms Nina Renshaw, Policy & Advocacy Director, NCD Alliance
- Dr. Emilio Santelices, Minister of Health of Chile

Moderator: Dr. John Beard, Ageing and Life Course Director, WHO

Dialogue between Member States and Other Partners

- Mrs. Ana García de Hernández, First Lady of Honduras
- Dr. Jarbas Barbosa da Silva Jr., Assistant Director, Pan American Health Organization
- Mr. Nelson Castillo, Office of the First Lady of Panama.

Statement of Group of Friends of Older Persons UN NY (Group chaired by El Salvador and comprised by Argentina, Bolivia, Brazil, Chile, Colombia, Costa Rica, the Dominican Republic, Ecuador, El Salvador Guatemala, Honduras, Indonesia, Kenya, Malaysia, Mexico, Panama, Paraguay, Peru, Qatar, Slovenia, South Africa, Trinidad and Tobago and Uruguay).

Closing Remarks Dr. John Beard, Ageing and Life Course Director, WHO