

TEMPLATE FOR REPORTING ON RECENT INITIATIVES ON SPORT FOR DEVELOPMENT AND PEACE

Walk the Talk
WHO, Timor-Leste

Provide a summary of the initiative, including a brief overview, proposed/actual outcomes and an assessment of any lessons learned and the way forward.

Please provide more details on the initiative below:		
Objective(s):	<i>Please indicate which, if any, of the following fell among the main objectives of the initiative:</i>	
	<ul style="list-style-type: none"> Ensuring that no one is left behind 	Conflict prevention/peace building
	<ul style="list-style-type: none"> Transformation towards sustainable and resilient societies 	<ul style="list-style-type: none"> Empowering people and ensuring inclusiveness and equality
	<ul style="list-style-type: none"> Research development, data collection and/or data dissemination 	<ul style="list-style-type: none"> Strengthened global framework on sport for development and peace
	<ul style="list-style-type: none"> Policy development for mainstreaming and integrating sport for development and peace in development programmes and policies 	<ul style="list-style-type: none"> Resource mobilization, programming and implementation
Implementation mechanisms:	<p><i>What are the means/processes of implementation of the initiative?</i></p> <p>In 2018, WHO launched the “Walk the Talk: The Health for All Challenge” Event globally, to create awareness on health issues and to highlight the importance of the role of physical activity in promoting health. The second edition of this event was staged in 2019.</p> <p>WTT in Timor-Leste, as it did globally started with a simple idea – promote health and particularly physical activity as part of a healthy sustainable future. And somewhere down the line it also, on many occasions, been a health advocacy tool and platform.</p> <p>Initially, it saw participation from WHO colleagues as the lead technical health agency, the UN Resident Coordinator’s office and other UN agencies, but soon enough people from all walks of life started participating in large numbers.</p> <p>It also aims at creating awareness on health issues and highlighting the importance of healthy lifestyle in economic and social wellbeing. The Saturday morning 8-kilometer walk starts from the shoreline in Capital Dili and ends at the Cristo Rei, a statue of Jesus located on a hilltop, east of the city. The walk culminates with <i>Pocho Pocho</i> and <i>Zumba</i> dances. Each walk attracts an average of 300 people including Ministry of Health officials. Each walk is dedicated to a different theme. At the end of each walk WHO staff and partners give a brief talk on a selected health topic. Various issues have been covered including immunization, breast cancer, health and safety, breastfeeding, patient safety, alcohol, tobacco and other NCD risk factors, neglected tropical diseases, etc.</p>	

	<p><i>What are the main deliverables/activities involved?</i></p> <ul style="list-style-type: none"> • To raise awareness about healthy lifestyles and ensuring all people can access the health services they need. • To promote health and particularly physical activity as part of a healthy and sustainable future. <p><i>What is the time frame of implementation?</i></p> <p>December 2018 to now</p>
Target Audience(s):	<p><i>Who are the beneficiaries of the proposed/implemented initiative?</i></p> <p>The event is open to all participants of all ages, including the general public, students, public servants and their families, staff of WHO/UN agencies, people from international organizations, non-governmental organizations, and advocates for health</p>
Partners/Funding:	<p><i>Who are the main organizations/entities involved in the initiative and what are their roles in development and/or implementation?</i></p> <p>WHO, Ministry of Health, United Nations Resident Coordinator’s Office, other UN agencies</p> <p><i>What are the main sources of funding of the initiative?</i></p> <p>WHO mainly bears the nominal cost of providing coconut water on certain occasions while the Ministry of Health takes responsibility of organizing the music and sound system.</p>
SDG Alignment:	<p><i>To what SDG goal/target/indicator is this initiative targeted?</i></p> <p>SDGs 3, 4, 5, 10, 11, 17</p>
Alignment with global frameworks:	<p><i>How does this initiative align with/contribute to the objectives of the Kazan Action Plan *, WHO Global Action Plan on Physical Activity or other related internationally agreed frameworks on sport and/or physical activity?</i></p> <p>Sports for Development is a method of bringing about social change through the use of sports. Sport refers to the physical activity and development in any individual, health, social, and economic benefits. Sport are also used as tools for peace and development.</p>
Alignment with United Nations Action Plan on SDP:	<p><i>Which of the four thematic areas of the UN Action Plan on Sport for Development and Peace is this initiative designed to align?</i></p> <p>Global framework for sport for development and peace</p>

	<p><i>To which action area(s) of the Plan is this initiative designed to contribute?</i></p> <p>(a) improve cooperation and coordination to create a common vision of the role of sport for development and peace, particularly relating to the 2030 Agenda, and to contribute to the achievement of universally agreed development goals through sport, in particular the Sustainable Development Goals</p> <p>(b) encourage and support communication and information sharing among sport for development and peace stakeholders</p> <p>(c) support the alignment of sport for development and peace practice with global frameworks, in particular the 2030 Agenda, identifying and applying mechanisms for alignment and consistency between stakeholders' activities</p> <p>(d) support and develop leaders and role models who encourage and facilitate action in sport for development and peace.</p>
Outcomes:	<p><i>What are the expected/actual outcomes of the initiative?</i></p> <p>The larger goal of the initiative is to get people more physically active as it is one of the best ways to counter noncommunicable diseases and introduce the participants to a range of health issues relevant to Timor-Leste one issue at a time. Each walk is dedicated to a health topic.</p>
Mechanism for monitoring and evaluating implementation:	<p><i>What are the mechanisms for monitoring and evaluating the implementation, outcomes and impact of the initiative?</i></p> <p><i>One of the ways to ascertain the level of implementation and outcome is the ever-increasing number of participants with each walk. With every subsequent walk there have been more participants than the last.</i></p> <p><i>What are the specific monitoring and evaluation tools involved?</i></p> <p>Instead of any M&E tool, the fact that increasingly organizations have started getting in contact with WHO to expressing keen interest to collaborate on organizing the WTT and raise specific issues.</p>
Challenges/Lessons learned	<p><i>What have been/were the main challenges to implementation?</i></p> <p><i>Getting it off the ground, Ever since it became a regular feature, the numbers have grown consistently.</i></p> <p><i>What lessons learned have been/can be utilized in the planning of future initiatives?</i></p> <p>Putting WTT together has been a good learning experience in mobilizing communities and capitalizing on it further to pass on key health messages.</p>

*Please in replying use the definition of sport of the Kazan Action Plan of 2017 : “ [...] Noting that, for present purposes and unless specified otherwise, the term “sport” is used as a generic term, comprising sport for all, physical play, recreation, dance, organized, casual, competitive, traditional and indigenous sports and games in their diverse forms;2.Highlighting that sport for all, including traditional sport and games, is a fundamental field of intervention for governments to achieve the full potential of physical activity for personal and social development; 3.Recognizingthat the United Nations’ 2030 Agenda / Sustainable Development Goals form the overarching policy consensus on development priorities, goals and targets that guide international and national policy design, implementation and monitoring;4.Stressing that the preamble of the 2030 Agenda acknowledges sport as an important enabler of sustainable development and peace; [...]“

