

CERTIFICATE OF REGISTRATION OF NONPROFIT ORGANIZATION

In terms of the Nonprofit Organisation Act, 1997, I am satisfied that

RAS Out-Reach Wellness Programme for the Aged

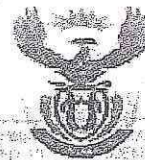
(name of the organisation)

meets the requirements for registration.

The organisation's name was entered into the register on **25 June 2014**
(date)

Registration number **138-551 NPO**

Department of Social



Development

Director's signature

[Handwritten signature]

MAILED TO THE DIRECTOR GENERAL OF THE REGISTER OF COMPANIES AND NON-PROFIT ORGANIZATIONS
 WAS HANDLED TO ME FOR AUTHENTICATION
 IN MY CAPACITY AS AN AUTHORIZED OFFICER

[Handwritten signature]

NAME IN PRINT: *[Handwritten name]* RANK: *[Handwritten rank]*

NAME IN PRINT: *[Handwritten name]* RANK: *[Handwritten rank]*

12. EMAIL ADDRESS: deniciawellou@gmail.com

13. WEBSITE (IF APPLICABLE): N/A

B. REGISTRATION DETAILS:

1. NPO NUMBER: 138-551

2. NPO APPLICATION REF. NO(WHERE APPLICABLE): None

3. PBO NUMBER: -

4. PBO APPLICATION REF. NO(WHERE APPLICABLE): -

5. VAT REGISTRATION NUMBER (WHERE APPLICABLE): -

C. PROGRAMME AND PROJECT DETAILS:

1. ORGANIZATIONAL KEY FOCUS AREAS: See Annexure 1

2. PROJECT NAME: RAS OUT-REACH WELLNESS PROGRAMME FOR AGES

3. PROJECT LIFE TERM: See Annexure 2

4. PROJECT LOCATION: MABOPANE

5. PROJECT'S OVERALL GOAL: TO REACH OUT TO THE OLDER PERSONS WITH QUALITY WELLNESS SERVICES THAT WILL IMPROVE THEIR GENERAL HEALTH THIS INCREASING THE LIFE EXPECTANCY.

6. PROJECT OBJECTIVES: See Annexure 3

7. PROJECT BENEFICIARY TARGET: See Annexure 4

8. PROJECT PLAN OF ACTION: See Annexure 5

8.1. What led to this project?

8.2. What's the baseline in terms of the intended goal of the project?

8.3. Highlight project activities and timelines.

8.4. How many beneficiaries is the project targeting?

8.5. Highlight project inputs, outputs, expected outcomes and overall impact.

8.6. Who are the project stakeholders?

8.7. What will be the project success indicators?

9. ORGANIZATIONAL ACHIEVEMENTS SO FAR: See Annexure 6

D. GOVERNANCE & LEADERSHIP

1. PROVIDE DETAILS OF MANAGEMENT OF THE ORGANIZATION (PREFERABLY THE HEAD OF THE ORGANIZATION, FINANCIAL MANAGER AND THE PROJECT MANAGER):

1.1. NAME: Kesemaditswe-D. Ndlovu 1.2. NAME: Aaron Wolfenden
DESIGNATION: Programme Manager DESIGNATION: Treasurer (board)
YEARS OF STAY: 2012 YEARS OF STAY: Sept 2014

1.2. NAME: Violet-E. Tshutudu
DESIGNATION: Project Coordinator
YEARS OF STAY: 2013

2. DOES THE ORGANIZATION HAVE GOVERNING BODY/BOARD OF DIRECTORS/TRUSTEES?

YES / NO.

3. IF ANSWER TO THE ABOVE QUESTION IS YES, PLEASE STATE THE NAMES OF DIRECTORS ON A SEPARATE LIST: *See attachment*

E. SUPPORT REQUIRED:

1. INDICATE BY A TICK, THE KIND OF SUPPORT REQUESTED BY YOUR ORGANIZATION:

1.1. FUNDING.

IF FUNDING IS REQUIRED, PROVIDE BUDGET BREAK DOWN.

1.2. SPONSORSHIP.

IF SPONSORSHIP IS REQUIRED, PLEASE ELABORATE IN TERMS OF PROJECT, CATEGORIES AND SPONSORSHIP AMOUNTS, AND RETURN ON INVESTMENT FOR RAND WATER FOUNDATION.

1.3. DONATION.

IF DONATION IS REQUIRED, PLEASE SPECIFY.

2. HAS YOUR ORGANIZATION RECEIVED ANY KIND OF SUPPORT FROM RAND WATER FOUNDATION IN THE PAST FIVE YEARS? YES / NO.

3. IF YOUR ANSWER IS YES TO THE ABOVE QUESTION, PLEASE PROVIDE DETAILS:

DATE OF APPLICATION	KIND OF SUPPORT	AMOUNT (WHERE APPLICABLE)

F. OTHER SOURCES OF FUNDING:

1. LIST OTHER SOURCES OF FUNDING APPROACHED BY YOUR ORGANIZATION FOR FUNDING FOR THE SAME PROJECT YOU ARE APPLYING FUNDING FOR:

FUNDING SOURCE	DATE OF APPLICATION	AMOUNT REQUESTED	SUCCESSFUL/UNSUCCESSFUL
DEPARTMENT OF SOCIAL DEVELOPMENT	SEPTEMBER 2014	R280.000	NO ANSWER YET

H. FOR OFFICE USE ONLY.				
Date Received	All Documentation attached.	Programme/Project aligned to RW and RWF developmental objectives.	Date tabled at Panel meeting.	Panel Decision.



Central City Branch

TO WHOM IT MAY CONCERN



02 FEBRUARY 2015

RAS OUT – REACH WELLNESS PROGRAMME FOR THE AGED

Registration Number :138551NPO
Account no :333107357
Branch Code :01-7645
Branch Name :Jubilee Mall

Dear Sir/Madam

This serves to confirm that the above mentioned entity has its Business account in our Books. The Business account was opened since 2014-07-09. Hope you find the above information in order. Please feel free to contact the writer in need.

Yours Faithfully

Nthabiseng Khomo
Customer Service Consultant
Central City
0860101341
Nthabiseng.khomo@standardbank.co.za

Shop 50 House Road Central City Mabopane
PO Box 10 Mabopane SWIFT address: SBZA ZA JJ www.standardbank.co.za
Tel: 012 725 3043 Fax: 012 702 2110

The Standard Bank of South Africa Limited (Reg. No. 1962/000738/06) Authorised financial services and registered credit provider (NCRCP15).

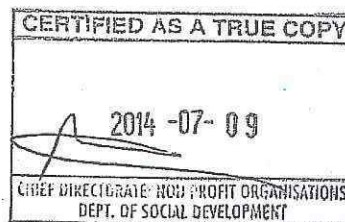
Directors: TMF Phaswana (Chairman) SK Tshabalala* (Chief Executive) RMW Dunne# F du Plessis TS Gcabashe BJ Kruger* SJ Macozoma
Adv KD Maroka AC Parker ANA Peterside co-*** SP Ridley* MJD Ruck Lord Smith of Kelvin, KT# PD Sullivan## BS Tshabalala EM Woods
Company Secretary: Z Stephen *Executive Director #British ##Australian ###Nigerian 22/01/2014

CONSTITUTION
OF THE
RAS OUTREACH
WELLNESS PROGRAMME
FOR
THE AGED

CERTIFIED AS A TRUE COPY
2014-07-09
CHIEF DIRECTORATE: NON PROFIT ORGANISATIONS
DEPT. OF SOCIAL DEVELOPMENT

THE CONSTITUTION

1. The name of the organisation shall be: RAS Outreach Wellness Programme for the Aged abbreviated: (ROWPA).
2. VISION
 - 2.1. Reaching out to the older persons (60+), both in the community and institutions with health issues that will improve their life expectancy.
3. MISSION
 - 3.1. Ensuring quality health care for the elderly persons, restoration of their dignity and improving their life expectancy.
4. STATUS OF THE ORGANISATION
 - 4.1. The organization shall be a Non – profit making organization registered in terms of N. P. O and non partisan in nature.
 - 4.2. The organization shall vest with legal standing, be able to sue and be sued in its own.
 - 4.3. Shall own property in its own name.
 - 4.4. The organization shall be capable of holding property movable and immovable apart from its members.
5. MAIN OBJECTIVES
 - 5.1. To monitor the elderly peoples' health thus improving their life expectancy.
 - 5.2. To impart knowledge and skills with a view to reduce the burden of diseases including HIV/ AIDS/ STI/TB and Chronic disease.
 - 5.3. To promote the elderly compliance to treatment.
 - 5.4. To protect the elderly from all forms of abuse.
 - 5.5. To offer accessible age – friendly primary health care specific to the aged.
 - 5.6. To engage the youth in health issues to adopt a healthy style of living and tap wisdom from the older persons as they grow.
6. SECONDARY OBJECTIVE
 - 6.1. To work in collaboration with other organisations that mainly deals with social, health issues and human rights for the aged, so that they participate actively in formulation and implementation of policies that directly affect their well – being.



6.2. BODY CORPORATE

The organisation shall:

- Exist in its own right even when its membership changes and there are different office bearers.
- Be able to own property and other possessions
- Be able to sue and be sued in its own name.

7. INCOME AND PROPERTY

7.1. The organisation will keep a record of everything it owns.

7.2. The organisation may not give any of its money or property to its members or office bearers.

The only time it can do this is when it pays for work that a member or office bearer has done for the organisation. The payment must be a reasonable amount for the work that has been done.

7.3. A member of the organisation can only get money back from the organisation for expenses that she or he has paid for or on behalf of the organisation.

7.4. Members or office bearers of the organisation do not have rights over things that belong to the organisation.

8. MEMBERSHIP AND GENERAL MEETINGS

8.1. If a person wants to become a member of the organisation, she or he will ask the organisation's management committee. The management committee has the right to say no.

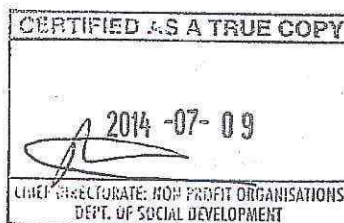
8.2. Members of the organisation must attend its annual general meetings. At the annual general meeting members exercise their right to determine the policy of the organisation.

9. MANAGEMENT

9.1. A management committee will manage the organisation. The management committee will be made up of not less than 7 members. They are the office bearers of the organisation.

9.2. Office bearers will serve for one year, but they can stand for re-election for another term in office after that. Depending on what kind of service they give to the organisation, they can stand for re-election into office again and again. This is so long as their services are needed and they are ready to give their services.

9.3. If a member of the management committee does not attend three management committee meetings in a row, without having applied for and obtaining leave of absence from the management committee, then the management committee will find a new member to take that person's place.



9.4. The management committee will meet at least once a month. More than half of members need to be at the meeting to make decisions that are allowed to be carried forward. This constitutes a quorum.

9.5. Minutes will be taken at every meeting to record the management committee's decisions. The minutes of each meeting will be given to management committee members at least two weeks before the next meeting. The minutes shall be confirmed as a true record of proceedings, by the next meeting of the management committee, and shall thereafter be signed by the chairperson.

9.6. The organisation has the right to form sub-committees. The decisions that sub-committees take must be given to the management committee. The management committee must decide whether to agree to them or not at its next meeting. This meeting should take place soon after the sub-committee's meeting. By agreeing to decisions the management committee ratifies them.

9.7. All members of the organisation have to abide by decisions that are taken by management committee.

9.8. The organisation shall continue to exist even when its membership changes and there are different office bearers.

10. POWERS OF THE ORGANISATION

The management committee may take on the power and authority that it believes it needs to be able to achieve the objectives that are stated in point number 5 of this constitution. Its activities must abide by the law.

10.1. The management committee has the power and authority to raise funds or invite and receive contributions.

10.2. The management committee does, however, have the power to buy, hire or exchange for any property that it needs to achieve its objectives.

10.3. The management committee has the right to make by-laws for proper management, including procedure for application, approval and termination of membership.

10.4. Organisations will decide on the powers and functions of office bearers.

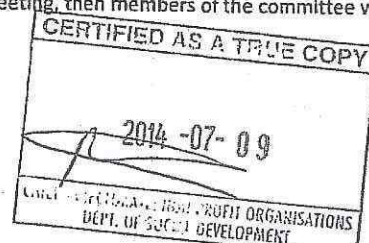
11. MEETING AND PROCEDURES OF THE COMMITTEE

12.

12.1. The management committee must hold at least two ordinary meetings each year.

12.2. The chairperson, or two members of the committee, can call a special meeting if they want to. But they must let the other management committee members know the date of the proposed meeting not less than 21 days before it is due to take place. They must also tell the other members of the committee which issues will be discussed at the meeting. If however, one of the matters to be discussed is to appoint a new management committee member, then those calling the meeting must give the other committee members not less than 30 days notice.

12.3. The chairperson shall act as the chairperson of the management committee. If the chairperson does not attend a meeting, then members of the committee who are present



choose which one of them will chair that meeting. This must be done before the meeting starts.

- 12.4. There shall be a quorum whenever such a meeting is held.
- 12.5. When necessary, the management committee will vote on issues. If the votes are equal on an issue, then the chairperson has either a second or a deciding vote.
- 12.6. Minutes of all meetings must be kept safely and always be on hand for members to consult.
- 12.7. If the management committee thinks it is necessary, then it can decide to set up one or more sub-committees. It may decide to do this to get some work done quickly. Or it may want a sub-committee to do an inquiry, for example. There must be at least three people on a sub-committee. The sub-committee must report back to the management committee on its activities. It should do this regularly.

12.8. DUTIES OF THE OFFICE BEARERS

12.9. CHAIRPERSON

- a) Shall be the representative of the organisation
- b) Shall direct the activities of the organisation and give technical support to executive committee
- c) Shall communicate with partner organisations and the executive committee.
- d) In conjunction with the Treasurer they shall raise funds for the organisation.
- e) Shall be the Chairperson of the executive committee and the annual general meeting.
- f) Shall ensure conformity to the constitution, rules and procedures adopted by the A.G.M.
- g) Shall table report on the state of the organisation.

12.10. THE DEPUTY CHAIRPERSON

- a. Shall assist the Chairperson in almost all the Chairpersons' functions.

12.11. THE SECRETARY

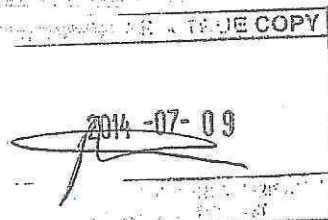
- a. Shall be the administrator of the organisation.
- b. Shall keep the minutes of all meetings and other records of the organisation.
- c. Shall send out to all structures of the organisation about meetings, workshops, seminars, etc.
- d. Shall conduct the correspondence of the executive committee.

12.12. THE DEPUTY SECRETARY

- a) Shall assist the secretary when necessary and carry out all instructions entrusted to him / her.

12.13. THE TREASURER

- b) Shall ensure safe keeping of the financial records of the organisation.
- c) Shall together with the Chairperson be responsible to work out and carry out plans for fundraising for the organisation.



13. Annual General Meetings

The annual general meeting must hold once every year, towards the end of the organisation's financial year.

The organisation should deal with the following business, amongst others, at its annual general meeting:

- Agree to the items to discuss on the agenda.
- Write down who is there and who has sent apologies because they cannot attend.
- Read and confirm the previous meeting's minutes with matters arising.
- Chairperson's report.
- Treasure's report.
- Changes to the constitution that members may want to make.
- Elect new office bearers.
- General
- Close the meetings

14. FINANCE

14.1. An accounting officer shall be appointed at the annual general meeting. His or her duty is to audit and check on the finances of the organisation.

14.2. The treasurer's job is to control the day to day finances of the organisation. The treasurer shall arrange for all funds to be put into a bank account in the name of the organisation. The treasure must also keep proper records of all the finances.

14.3. Whenever funds are taken out of the bank account, the chairperson and at least two other members of the organisation must sign the withdrawal or cheque.

14.4. The financial year of the organisation ends on e.g. 30th June each year.

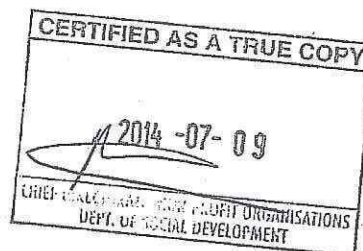
14.5. The organisation's accounting records and reports must be ready and handed to the Director of Non profit Organisations within six months after the financial year end.

14.6. If the organisation has funds that can be invested, the funds may only be invested with registered financial institutions. These institutions are listed in section 1 of the Financial Institutions (Investment of Funds) Act, 1984. Or the organisation can get securities that are listed on a licensed stock exchange as set out in stock exchange control Act, 1985. The organisation can go to different banks to seek advice on the best way to look after its funds.

14.7. CHANGES TO THE CONSTITUTION

14.8. The constitution can be changed by a resolution. The resolution has to be agreed upon and passed by not less than two thirds of the members who are at the annual general meeting or special general meeting. Members must vote at this meeting to change the constitution.

14.9. Two thirds of the members shall be present at the meeting ("the quorum") before a decision to change the constitution is taken. Any annual meeting may vote upon such a notion, if the details of the changes are set out in the notice referred to in 11.3.



14.10. A written notice must go out not less than fourteen (14) days before the meeting at which the changes to the constitution are going to be proposed. The notice must indicate the proposed changes to the constitution that will be discussed at the meeting.

14.11. No amendments may be made which would have the effect of making the organisation ceases to exist.

12. DISSOLUTION / WINDING – UP

- a) The organisation may close down if at least two- thirds of members present and voting at a meeting convened for the purpose of considering such matter, are in favour of closing.
- b) When the organisation closes down it has to pay off all its debts. After doing this, if there is property or money left over it should not be paid or given to members of the organisation. It should be given in some way to another non -profit organisation that has similar objectives. The organisation's general meeting can decide what organisation this should be.



Signed on this day 28th of May 2014

Chairperson



K.D NDLOVU

ID No: 670215 0583 08 1

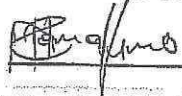
Deputy Chairperson



V.E TSHUKUDU

ID No: 610817 0773 08 4

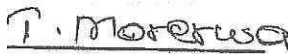
Secretary



N.B RAMARUMO

ID No: 870902 1172 08 3


Deputy Secretary



M.T MORERWA

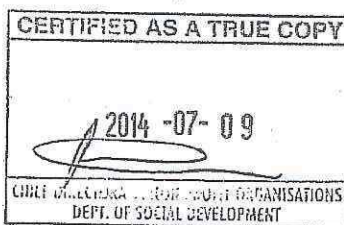
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Treasurer



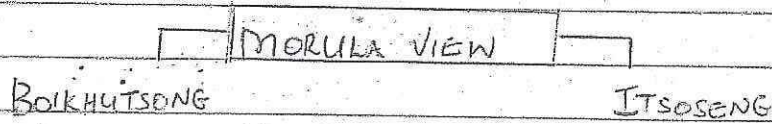
R.H TLHOAELE

ID No: 850831 0946 08 6

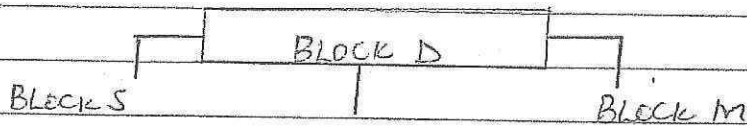


MAP TO THE PROJECT

SATELLITE 1

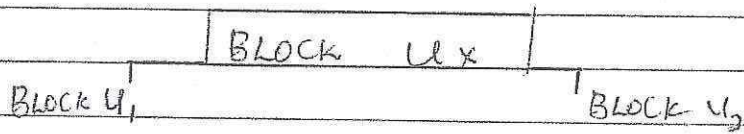


SATELLITE 2

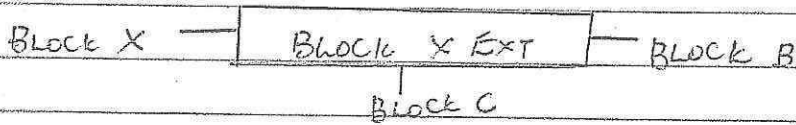


SUNVALEY

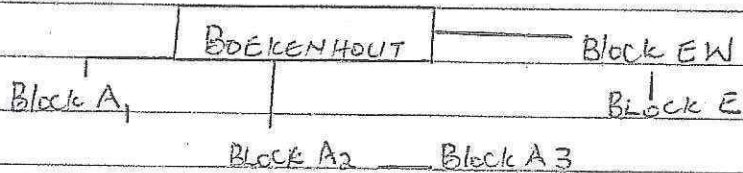
SATELLITE 3



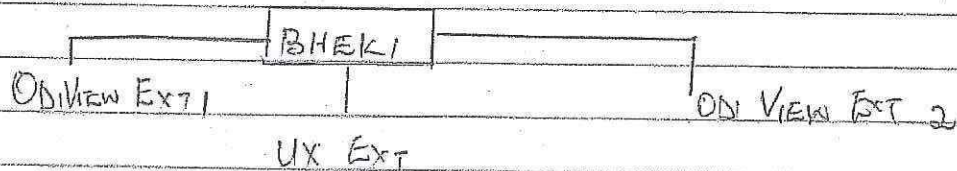
SATELLITE 4



SATELLITE 5



SATELLITE 6



			JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPT EMBE R	OCTOBER	NOVEMBER	DECEMB
ADMINISTRATION COSTS														
Telephone			500	500	500	500	500	500	500	500	500	500	500	500
Fuel Allowance			300	300	300	300	300	300	300	300	300	300	300	300
Stationary			2500											
Petty Cash			1000	1000	1000	1000	1000	1000	1000	1000	1000	1000	1000	1000
Rental			3500	3500	3500	3500	3500	3500	3500	3500	3500	3500	3500	3500
Laptop			5000											
Medical equipment			100000											
TOTAL MONTHLY ADMINISTRATION COSTS			112000	5300	5300	5300	5300	5300	5300	5300	5300	5300	5300	5300
TOTAL ADMINISTRATION COSTS	163600													
TOTAL FUNDING NEEDED	765600													

TOTAL FUNDING NEEDED FOR 2015= R765600

ROWPA ACCOUNTING RECORDS

JULY - DECEMBER 2014

Date	Money In or Donations	Purchase Description	Quantity	Size S.M. L	Price Per Unit	Sales	Shop Name	Receipt number	Debit - Expenses	Credit + Amount
9.07.2014	Bank Statement						Bank			500.00
29.07.2014		ARCHER		L			Maraba		400.00	
28.07.2014										
4.08.2014										
9.09.2014	Deposit						Standard bank			100.00
22.09.2014		WITHDRAWAL					Standard bank		300.00	
7.10.2014	Deposit									200.00
								Subtotal	700.00	800.00
								Total		100.00

1.7 Organisation's Office Bearers. If the form does not have enough spaces for all your office bearers please add the rest on a sheet of paper, and attach.
 (Office Bearers may be e.g.: Chairperson, Secretary, Treasurer, Trustees, etc)

Portfolio	Name	Work or home address	Postal address	Telephone (include dialing code)	ID Number
Chairperson	Kegonatlhane Ndlovu	302 Block D Mabopane	302 Block D Mabopane 0190	071 302 9421	670215 05 83 081
Deputy Chairperson	Violet Tshukudu	1400 X EXT MABOPANE 0190	1400 X EXT MABOPANE 0190	079 710 9912	61 081 7 0773 084
Secretary	Nthabiseng Ramarumo	1432 LEBANON MABOPANE 0190	1432 LEBANON MABOPANE 0190	082 055 8019	8 70902 172 083
Deputy Secretary	Tiny Maserwa	227 BLOCK B LETIHABILE 0264	227 BLOCK B LETIHABILE 0264	078 090 3518	701120 0880 086
Treasurer	Hellen Thoaete	245 BLOCK B MABOPANE 0190	245 BLOCK B MABOPANE 0190	082 848 1542	850 831 0946 086

Changes to the Office Bearers: please attach a copy of minutes where changes were made and attendance register

2. SECTION B: THE ORGANISATION'S MAJOR ACHIEVEMENTS OVER THE PAST YEAR: *Please Attachment*

Activities (projects and programmes) for the reporting year	How beneficiaries benefitted

If the form does not have enough spaces for all your activities, please add the rest on a sheet of paper, and attach.

1. ROWPA OUT-REACH WELLNESS PROGRAMME FOR THE AGED

Briefly explain the background of the program, when and why it was initiated, how the service provider determined that there is a need for a service of this nature and when was the need identified eg.3 months or year ect.

The need was identified in 2012, after spending much time with the older persons in one of the service clubs and realised that most of them are suffering from non-communicable diseases and are on chronic treatment, attend monthly check up and treatment collection from the health facilities.

They are experiencing a great challenge of waking up early in the morning to join the long queues, both for consultation and treatment collection from the pharmacy, this happens on every visit during both summer and winter seasons, as a results these factors lead them to either not adhere and comply to their next visits and poor treatment intake.

It also affects the attendance rate in the service clubs, and all this hustle drains off their energy on their ailing and ageing bodies.

The gap identified is that due to long queues and many number of people attending, older person do not get an opportunity to get individual counselling on their challenges encountered during treatment intake and disease progression health education.

There was a need for the Rowpa wellness service to attend to the health, medical and wellness needs of the older persons, which will be made easily accessible to them and also reach-out to them with health awareness campaigns.

This service will also offload the clinics from a large number of people to be cared for: monthly check up and treatment collection.

The health status of the older persons on chronic treatment will be monitored and recorded and treatment collected from clinics and delivered to them and they will be able to consult the doctors at the clinics when due for blood collection and review of the results, but if there is any change in the treatment intake or vital signs the older person will be referred immediately for further management.

The service will also offer an opportunity to those elderly persons who never do health checks to know their health status and detect any deviation, to be referred and managed earlier.

Regular health checks and treatment intake together with compliance to visits prevents disease complications and early death, also adopting a healthy style of living by the older generation, will thus improve their life expectancy.

The Wellness Programme was therefore established in 2013 and started operating in 2014, looking after the health and well-being of the older persons both in the community and institutions, in Mabopane to be expanded to other areas in future.

1.1 Registration Number (NPO Number): B8-551
1.2 Organisation's name: RAS DUTREACH WELLNESS PROGRAMME FOR THE AGED
1.3 The twelve-month period this Report covers (please state the beginning and ending of the Financial year. E.g. 01 April to 31 March): 30th June

1.4 Contact person (nominated by the Organisation):

Name of contact person: K. D. Ndlovu

Contact person's position in your organisation: Manager

Telephone number () -

Fax number: () -

Cell phone number: 071 302 9421

E-mail address: deniciandlovu@gmail.com

1.5 Organisation's physical address:

302 Block D

Mabopane

0190 Thony Elm Street

Postal code 0190

Province Gauteng

1.6 Organisation's postal address (if different to physical):

Same as above

Postal code

Province

CANDLELIGHT MEMORIAL FOR THE OLDER PERSONS

Date: 19 May 2015

Time: 10-14hrs

Venue: Mabopane Indoor Hall

Target: Older persons from the Mabopane Bopanang Forum (9x service clubs).

This event is a follow-up to the World HIV/AIDS Day celebration for the older persons.

Purpose of the day was to include the older persons in the event of the day celebrated across the country.

The older persons were encouraged to test HIV and know their status, so that there will be data that will support the need for this service specifically for the older persons in the public and private healthcare facilities.

To remember all those older persons infected and affected by the HIV/AIDS disease.

- To promote the older persons to know their HIV status.
- To support the older persons who already tested HIV positive.



THE MEMBERS
RAS OUT -REACH WELLNESS PROGRA
2217 EXT 2 BLOCK
LETLHABILE
0264

CENTRAL CITY 2947
MONTHLY MAIL

Statement No 25
VAT Reg. No.
Page 2 of 4

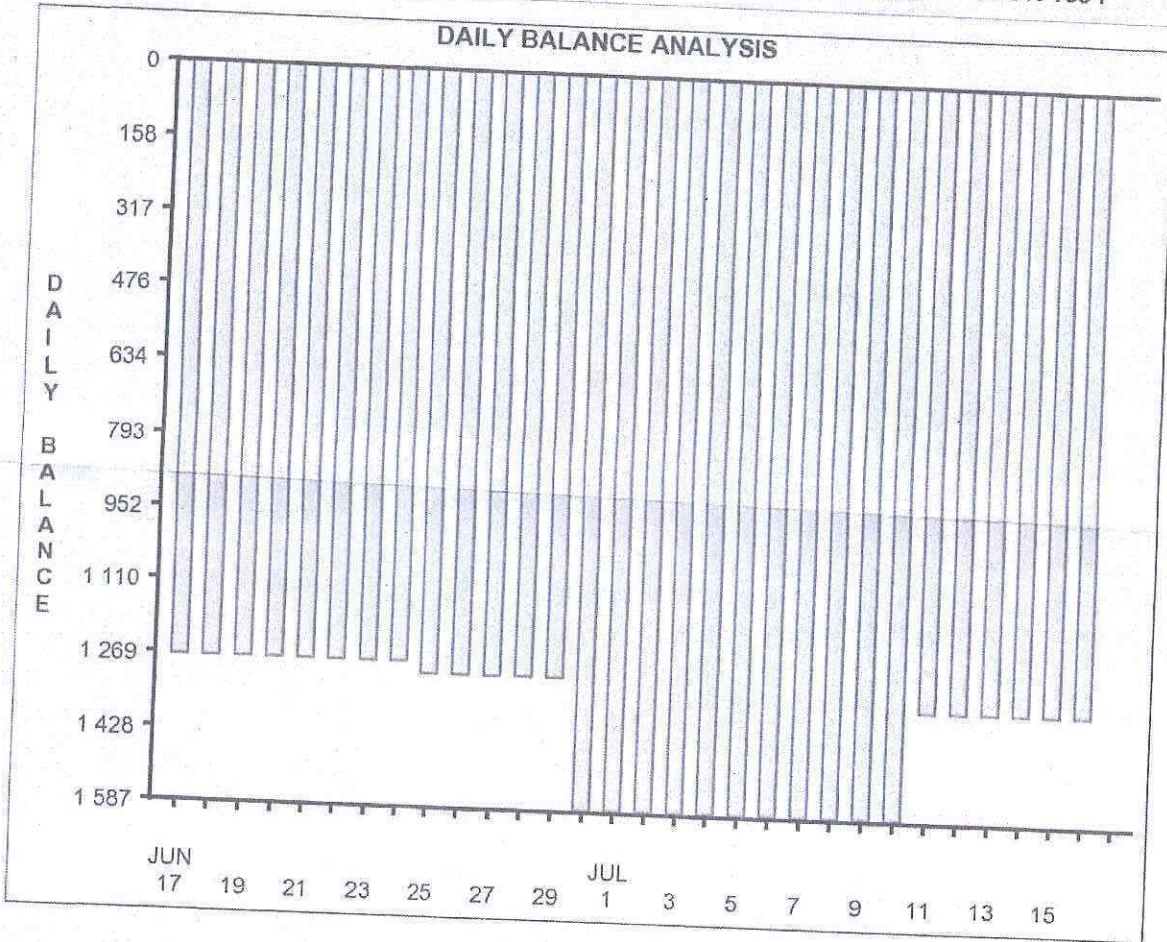
Statement Frequency MONTHLY
Statement from 17 June 2016 to 16 July 2016

BANK STATEMENT / TAX INVOICE

BIZLAUNCH

Account Number 33 310 735 7

DAILY BALANCE ANALYSIS



Please verify all transactions reflected on this statement and notify any discrepancies to the Bank as soon as possible.

The Standard Bank of South Africa Limited (Reg. No. 1962/000738/06) Authorised financial services provider.
VAT Reg No. 4100105461 Registered credit provider (NCRCP15)
We subscribe to the Code of Banking Practice of the Banking Association South Africa and, for unresolved disputes, support resolution through the Ombudsman for Banking Services.

- To support older persons who are nursing carers to their own family members.
- To support those who have lost a family member – spouse, children, grandchildren and children to the HIV related disease.

To observe this moment we lit the candles which signified the pain and loss experienced by those infected and affected, and also that the light gave us hope that there is still hope after being diagnosed with HIV infection, hope that one day there will be a cure, and a spiritual prayer session to pray and ask God to give us wisdom to other strategies of prevention and cure for this disease.

Rowpa organization has among its wellness programmes, an HIV /AIDS programme having a data of those older persons who have tested HIV positive and negative and those who are on ARVs and those taking care of their family members, thus the need for HIV/AIDS SUPPORT GROUP FOR THE OLDER PERSONS.

The main objectives:

1. BREAKING THE SILENCE OF HIV/AIDS AMONG THE OLDER GENERATION.
2. INVOLVING THE OLDER PERSONS IN THE PREVENTION, TREATMENT, CARE AND MANAGEMENT STRATEGIES ON HIV/AIDS PANDEMIC.

DATE OF BIRTH: 1967.02.15 SURNAME: Ndlovu

SEX: Female I.D. NO.: 670215 0583 081

RESIDENTIAL ADDRESS: 302 Block D Mabopane 0190 AGE: 49 yrs

TEL. NO.: - CELL NO.: 071 302 9421

OCCUPATION: PROFESSIONAL NURSE

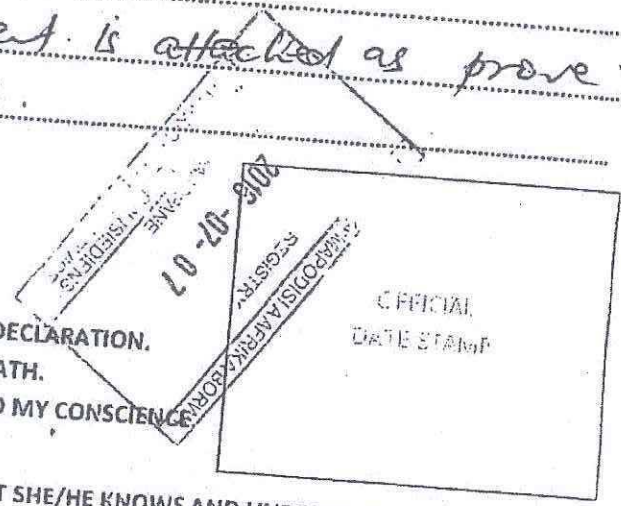
STATE UNDER OATH: RE: ANNUAL FINANCIAL STATEMENT

This is to inform the Social Development Department that Rowpa organisation is not yet funded or received any donation in the form of money into their bank account.

The organisation does not have a financial statement.

The recent bank statement is attached as prove Rowpa Management.

(KS)
DEPONENT'S SIGNATURE



I KNOW AND UNDERSTAND THE CONTENTS OF THIS DECLARATION.
I HAVE NO OBJECTION IN TAKING THE PRESCRIBED OATH.

I CONSIDER THE PRESCRIBED OATH TO BE BINDING TO MY CONSCIENCE.

I CERTIFY THAT THE DEPONENT ACKNOWLEDGED THAT SHE/HE KNOWS AND UNDERSTAND THE CONTENTS OF THIS DECLARATION WHICH WAS SWORN BEFORE ME ON 07 (DAY) 07 (MONTH) 2016 (YEAR) AT MABOPANE.

(J. W. Keyu)
COMMISSIONER OF OATH

FULL NAME(S) & SURNAME: C. F. W. Keyu
RANK: COM

3. SECTION C: LIST OF IMPORTANT MEETINGS AND ANY CHANGE TO CONSTITUTION

3.1 Types and number of meetings your Organisation held during the past year.

Type of meeting	Indicate by ticking		No of meetings	Comments
	Yes	No		
Annual general meeting (AGM)				
Special general meeting				
Board meeting	✓		02	To get update on organisation's operation
Others (specify)				

4. Did you make any changes to the Constitution during the past year:

YES	NQ/
-----	-----

If YES, please attach the following:

- i. A copy of the resolution or copy of the minutes at which a resolution was taken to change the constitution.
- ii. A copy of the changed Constitution.

Please attach a copy of Annual Financial Statements, which include a Balance Sheet and an Income and Expenditure Report, to this Narrative Report Please refer attachment

2. SECTION B: THE ORGANIZATION'S MAJOR ACHIEVEMENTS OVER THE PAST YEAR.

12 May 2015

Rowpa hosted a candlelight day memorial for our older persons in the nine service clubs, and other invited older persons from the community. This event was a follow-up of the HIV counselling and testing done on the 3rd of December 2015, some of the older persons tested HIV positive and others came to disclose their status. HIV status at our organization and this birth out an HIV/Aids support group programme for the older persons.

During that day a moment for the candlelight and a chain prayers was observed in remembrance of those who died of HIV related diseases and their affected loved ones. The older persons were offered an opportunity to undergo an HIV counselling and testing offered by News tart Company.

18 June 2015

Rowpa organization formed an HIV/Aids support group for the older person from nine clubs. Staff complemented: Pastor, Nurses, counsellor, care givers, with the social worker to do psychosocial services, we are experiencing a challenge to secure a visiting social worker. We have tried in vain to get help from our local social development office and from Delta offices known as Manaka offices, as a result the first group are not able to exit because the counselling sessions are incomplete.

09 August 2015

The organization offered a luncheon to older persons attending the HIV/Aids support group. It was a moment where the aged had an opportunity to socialize with each other in a relaxed mood.

24 September 2015

The organization staff and the older persons hosted a heritage day; every club brought their own kinds of cultural dishes and wore their cultural attire, and a moment of asking questions by younger organizations staff from the older generation. The whole process was captured by the local media. Different items were rendered in a form of a healthy competition with Judges' present-ranging from cultural music, poems, dancing and games.

February 2016

Rowpa in partnership with Odi Hospital eye clinic tested 72 older persons from 9 clubs to screen them cataract operation, 43 older persons have been successfully operated on.

HIV & AIDS EVENT FOR OLDER PERSONS

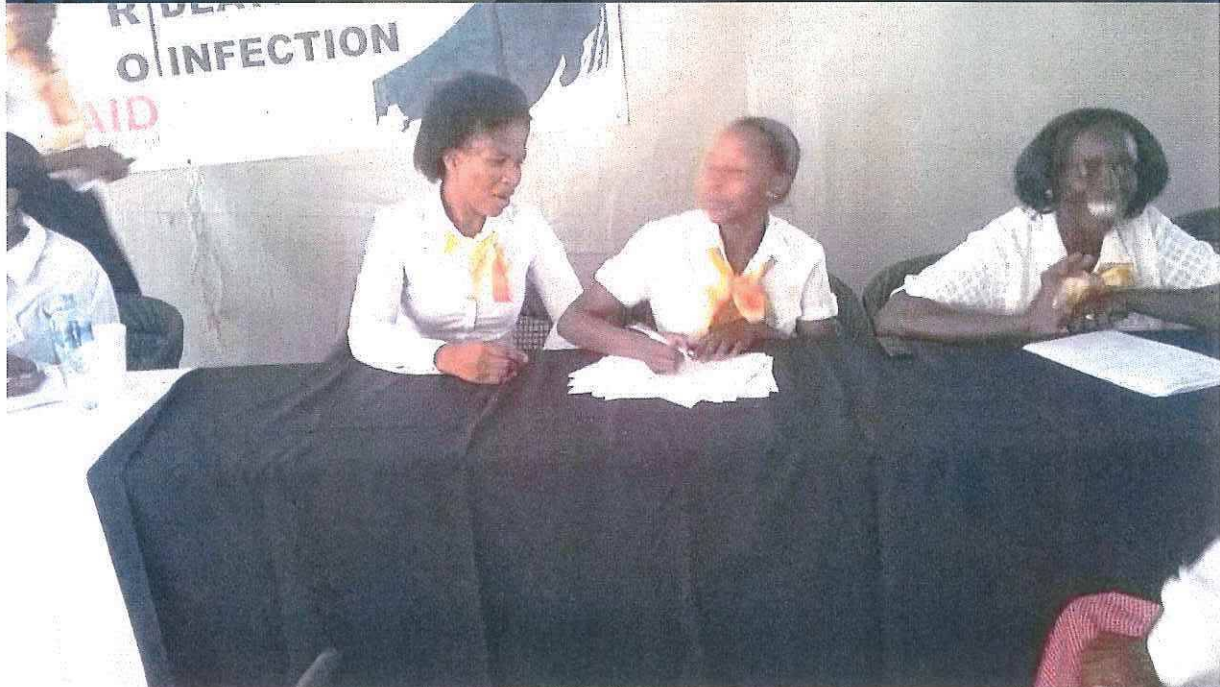
ROWPA
RAS OUT-REACH WELLNESS PROGRAMME FOR THE AGED
NPO: 138-551 ADDRESS: 302 BLOCK II MABOPANE

ACTIVITIES

- HIV TESTING
- TB SCREENING
- BLOOD PRESSURE MEASURING
- BLOOD SUGAR TESTING
- MADALA & MAGOGO SOCCER PLAY

THEME: SAGODI TAKING A HEALTHY STEP
SPORTS AND HIV TESTING

VENUE: MABOPANE BLOCK II
DATE: 03-12-2015



DEDICATED ROWPA STAFF

Dedicated full time volunteers Rowpa staff, who render (H R A) wellness services to the older persons.



ROWPA PROGRAME MANAGER

The Rowpa manager explaining the purpose of the day :H C T for the older persons

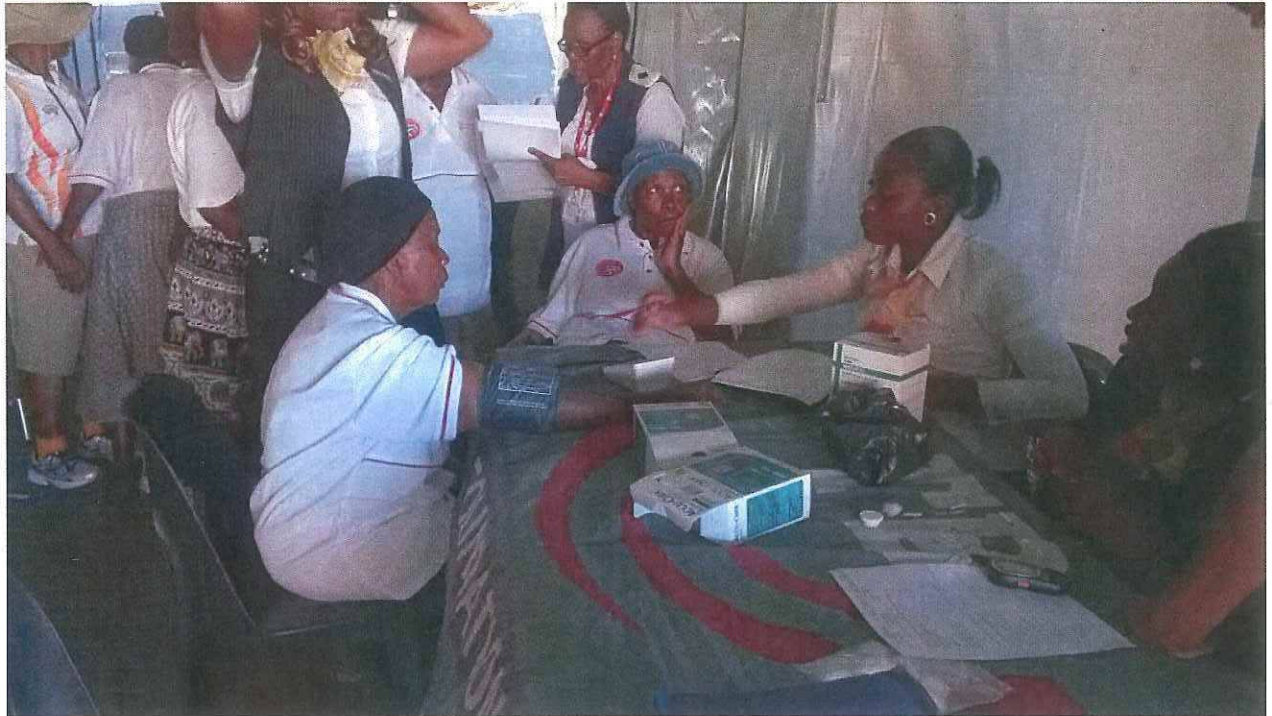
Objective- to collect age-specific Hiv data and need for H C T services for older persons in the health sectors. Formation of the Hiv Aids support groups for the older persons, to support them through the disease process.

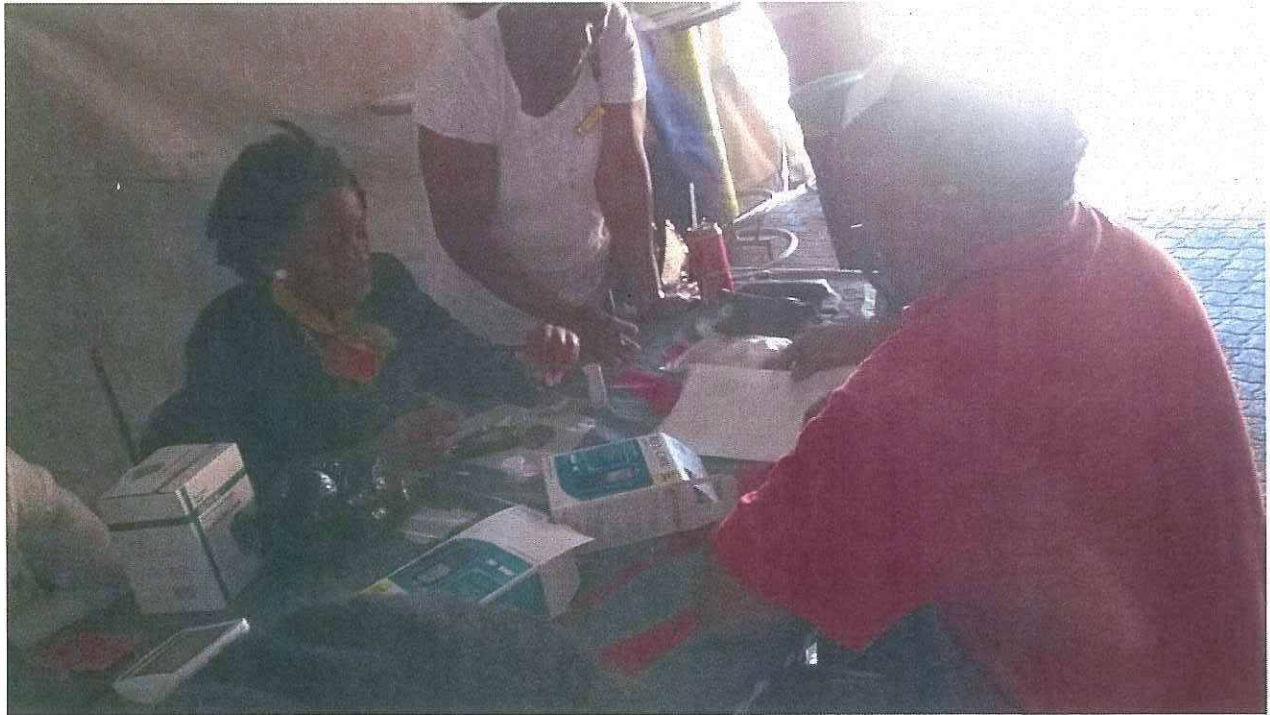


OLDER PERSONS PLAYING SOCCER DURING EVENT

Older persons attending event and also engaged in exercises to keep body fit to improve body defensive mechanism.

Continuous monitoring of health status through health education and tests to keep older persons healthy thus increasing life expectancy"Ageing Healthy"

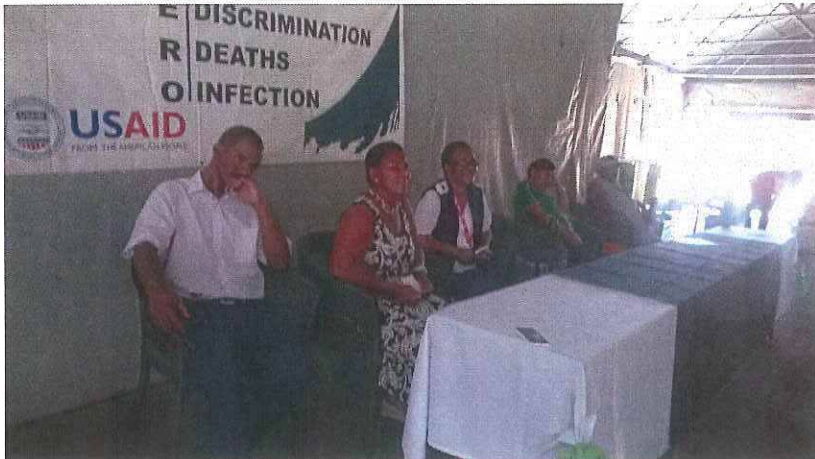




WELLNESS SERVICES

Rowpa organisation reached out to older persons to offer accessible and quality health care .

H R A: Blood pressure, blood sugar test, weight, Hiv test, TB screening, Health education and chronic treatment Adherence counselling.



GUESTS OF THE DAY:

Rowpa board member, Hiv/Aids Activist, Members from Social Development, HCT counsellors, Staff from Health Department, Member from Ramogodi Veteran



OLDER PERSONS HIV/AIDS DIALOQUE

The following partners were engaged with the older persons discussing issues on HIV/AIDS and ARV treatment challenges. Thabo Mwale TB Foundation, Rowpa, Social workers and Odi hospital Bokamoso Wellness. They discussed factors that lead to HIV infection transmission in the older persons.

- Preventive measures between young generation and older generation
- ARV treatment challenges
- Formation of HIV Aids support group for the older persons.
- TB treatment and care
- Services offered by Dept of Social Development
- Motivation from sports club grannies.

ACHIEVEMENTS

(H C T) HIV counseling and testing station was well attended, with some positive results for HIV infection. This indicates that older persons need this service. There is also need for forming HIV support group.

Other tests such as blood pressure and blood sugar tests need support group for treatment and care for those affected and their families.

CHALLENGES

Rope Organization cannot reach as many older persons as possible due lack of funds and medical equipment's.